

HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

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Name (Last, First, M.I.):			Male	DOB:			
			Female				
Marital status:	Single	☐ Married	Separated	Divorced	☐ Widowed		
How did you he	ear about us?	☐ Doctor referral		☐ Friend / Family			
☐ Internet search ☐ Insurance p			an Other				
Referring doct	or:		Primary Care Physician:				
Dermatologist:			Podiatrist:				
OB / Gyn:			Other doctor:				
Pharmacy:			Pharmacy Phone Number:				
HISTORY OF PRESENT ILLNESS: (Please check all that apply)							
Discomfort o walking or clim	r fatigue with bing stairs	Rest from ac alleviate discor in legs	tivity helps nfort or fatigue	☐ Hair Loss on the Legs			
☐ Cramping of the buttocks, thighs or calves with activity ☐ Cramping of			the legs at night	Ulcers			
☐ Burning ☐ Itching				☐ Achy legs at rest			
☐ Numbness or tingling ☐ Leg heavin			SS	s/rashes			
Leg fatigue with prolonged Spontaneous			bleeding	eeding Leg restlessness			
Cellulitis / Sk	in infection	Pelvic pain					
☐ Spider veins ☐ Bulging vario			ose veins	Other			
FACTORS THAT MAKE YOUR SYMPTOMS WORSE: (check all that apply)							
☐ Prolonged sta	anding	☐ Prolonged sit	tting	☐ Warm weather			
☐ Menstrual cy	cle	☐ Pregnancy		☐ Intercourse			
	w far can you u need to stop?	☐ Job requirem	nents:	Other:			



FAMILY HISTORY OF ARTERIAL OR VEIN DISEASE								
Mother			Arterial	☐ Vein		YES	□NO	
Father			Arterial	☐ Vein		YES	□NO	
☐ Sibling:	Brother / Sister		☐ Arterial	☐ Vein		YES	□NO	
Grandpa	rent: Maternal / Paterr	nal	☐ Arterial	Vein		YES	□NO	
SURGERIES								
Year	Operation							
PRIOR VASCULAR TREATMENTS: (check all that apply)								
RFA or E	EVLT vein ablation		Phlebectomy / vein removal		☐ Vein stripping			
☐ Vein ligation			Ultrasound guided injections		Spider vein sclerotherapy			
☐ Vein harvesting for bypass			Arterial angioplasty		☐ Arterial stent			
Arterial bypass			☐ Other					
FACTORS	THAT MAKE YOUR S	YMP	TOMS BETTER: (c	heck all th	nat app	ly)		
Leg elevation [] Exercise		Rest from activity			
			Who prescribed compression stockings?		Date prescribed:			
☐ Massage ☐			Pain medication		Supplements			
OTHER MEDICAL PROBLEMS								
☐ Heart disease / CAD ☐			Peripheral arterial disease		☐ High blood pressure			
Stroke / TIA			High cholesterol		Diabetes			
□ COPD ☐			Hole in heart / Patent oramen ovale		☐ Migraines with aura			
☐ Blood clot / DVT			Pulmonary embolus / PE		☐ Blood clotting disorder			
☐ Kidney disease] Hepatitis		☐ HIV / AIDS			
☐ Fibromyalgia			Other					



MEDICATIONS:					
MEDICATION ALLERGIES:	☐ No known drug alle	rgies			
FEMALES ONLY:					
Are you pregnant now or plan on becoming pregnar	YES	□ NO			
Are you currently breastfeeding?	YES	□ NO			
Do you have more leg discomfort during your mensi	YES	□ NO			
Do you have more pelvic pain during your menstrua	YES	□ NO			
Do you have pelvic pain which is worse during intercourse?			□ NO		
SOCIAL HISTORY					
Occupation:					
Does your job require prolonged standing?	YES	□ NO			
Does your job require prolonged sitting?	YES	□ NO			
Do your leg symptoms interfere with your work requ	YES	□ NO			
Do you currently of have you ever smoked?			□ NO		
If you have smoked regularly, how many years have					
If you have ever smoked, how many pack per day?					
How many alcoholic beverages do you consume per					



CURRENT SYMPTOMS

GENERAL		GASTROINTESTINAL		NEUROLOGIC		
	Fatigue		Abdominal Pain		Restless Legs	
	Fever		Constipation		Numbness or Tingling	
	Weight Loss		Diarrhea		Headaches (Migraines)	
	Weight Gain		Nausea and Vomiting		Dizziness / Lightheaded	
EYES		GENITOURINARY			Difficulty Walking	
	Change in Vision	☐ Increased Urination		PSY	CHIATRIC	
	Double Vision		Urinating at Night		Depression	
	Pain		Bloody Urine		Anxiety	
EAR	S, NOSE, THROAT		Pelvic Pain		Irritability	
	Hearing Loss		Heavy Periods		Thoughts of Suicide	
	Ear Pain MUSCULOSKELETAL		CULOSKELETAL	ENDOCRINE		
	Nose Bleeds		Leg Pain		Frequent Thirst	
	Sore Throat		Leg Swelling		Frequent Urination	
CARDIOVASCULAR			Back Pain		Brittle Hair	
	☐ Chest Pain SKIN		1		Crave Ice	
	Palpitaions		Wounds on Feet		Hair Loss	
	Prior DVT (Blood Clot)	☐ Skin Changes		OTHER		
	Heart Defect		Skin Rashes or Itching			
RESPIRATORY		HEMATOLOGIC				
	Shortness of Breath		Easy Bleeding			
	Cough		Easy Bruising			
	Wheezing		Blood Clots			